NYCC Public Health update to NY CCG

November 2020

This update, requested by the NY CCG Primary Care Co-Commissioning Committee, outlines the activities of the local public health team. It focuses on our current priorities of managing COVID-19 and aligned health protection efforts, work to deliver commissioned services in new ways as well as intelligence support to Population Health Management and recovery planning.

Other long-term work areas have been paused or slowed whilst we have prioritised responding to COVID-19. These will be reinvigorated over the coming months. These range across all aspects of public health including school readiness, mental wellbeing and suicide prevention, workplace health, place shaping and economic regeneration.

COVID-19 management

Work continues to tackle COVID-19 in line with the North Yorkshire COVID-19 Action Plan:

- Care settings: NYCC continues to contact all care homes across NY on a daily basis, providing information, guidance and support on key issues such as infection prevention and PPE. We hold daily multi-agency meetings at Silver and Gold level to discuss care settings with cases and outbreaks, and provide strategic guidance on a range of issues such as discharge arrangements and care homes visiting.
- Education settings: Schools report all cases of COVID-19 to NYCC, who provide support around isolation of staff/students and infection prevention advice. We also provide information and guidance through webinars, CYPS newsletters etc.
- High risk settings: we provide support to workplaces, accommodation settings (e.g. refuges, hostels) and hospitality, leisure and tourism businesses. This involves both prevention advice (including range of guidance published on NYCC website) and specific advice to settings with cases/outbreaks.
- Events: we work with local Safety Advisory Groups around planned events to make sure they are appropriately risk assessed for COVID-19. We have produced guidance on 10 key areas for compliance, and developed a three level escalation process for events of concern (culminating in legal action to close under Coronavirus legislation if there is a significant enough risk).
- With LRF partners we continue to support with regular testing across the county. We continue to direct Mobile Testing Units to each district, with flexibility to target areas of highest concern. We also have 2 Local Test Sites operating on a daily basis in Harrogate and Scarborough, with more planned for Selby, Skipton and Northallerton. We have a stock of swabs at Satellite Test Sites in Scarborough and Harrogate that we can direct to support suspected outbreaks, and we are investigating how we might be able to make use of the new rapid testing capacity (Lateral Flow Tests).

- Since 5th November NYCC has been running a local contact tracing service to support national Test and Trace with any cases that they are unable to complete. We continue to develop this service to enable us to add the most value locally.
- We are participating in wider discussion on COVID vaccination with NHS and other colleagues. Through the Local Resilience Forum (LRF) we have set up a working group to pick up this issue across all parts of the county.
- We continue to work with local Community Support Organisations to provide support in communities. With the second lockdown we will also do further work on contacting Clinically Extremely Vulnerable individuals where necessary.
- We continue to hold monthly meetings of the Outbreak Management Advisory Board with key local leaders. We also hold twice-daily internal meetings to discuss key issues the 3pm meeting involves a range of partners. Work with partners includes a very significant amount of communications to a wide range of audiences, support to enforcement measures with police and district councils as well as system resilience and recovery.

Flu vaccination

- Ongoing promotion of flu vaccine for health and social care staff through briefings, webinars and training flu champions
- Latest data suggests 31% uptake of care home staff (target is 100%)
- All care homes have been asked for feedback on this year's flu programme. The main issues are around accessing the vaccine due to national shortages. Some staff are still reluctant to have the vaccine due to myths around flu and also concerns that it will make them more susceptible to COVID-19. Ongoing messages have been disseminated to dispel these myths.
- For NYCC staff, pharmacy led drop ins have been provided as well as allowing staff to pay for the vaccine privately and reclaiming this back through expenses. However, shortages have led to some drop-ins being cancelled and most pharmacies are not offering private vaccinations.
- We have been working closely with PHE, NHSE and the CCG to explore whether GPs could vaccinate frontline social care staff who are outside of the national programme but this is not possible. As a result, we are now waiting for further supplies to come through in pharmacies.

Public Health Commissioned Services

Public Health have produced a briefing document to provide updates on the various services that are commissioned by the team, and how these have varied throughout the Covid-19 outbreak (e.g. if providing face-to-face or online/remote support). The document covers services such as drug and alcohol, sexual health, weight management, stop smoking, Warm and Well, NHS Health Checks, and 0-19 services, as well as primary care and locality service provision updates. The newly updated document is here, and will be disseminated in November to GP practices and CCG contacts:

Public Health Intelligence

We have prioritised supporting the three local Primary Care Networks (PCNs) who are taking part in the NHS England Population Health Management programme. We have completed PCN profiles and shared those with each network. In order to inform recovery planning we have profiles for each CCG (NY CCG draft attached) and district council locality, as well as Joint Strategic Needs Assessment deep dives on mental health, learning disability and autism in development.



North Yorkshire Public Health Commissioned Services

Changes to Service Provision during the COVID-19 Outbreak

BRIEFING DOCUMENT

November 2020

This briefing provides an overview of the current offer provided by services commissioned by the North Yorkshire Public Health Team, including:

- Health Visiting and School Nursing Services (0-19 service)
- Compass REACH Young People's Drug and Alcohol and Emotional Health and Wellbeing Service
- YorSexualHealth (YSH) Integrated Sexual Health Service
- North Yorkshire Horizons Adult Drug and Alcohol Service
- Living Well Smokefree (LWSF) Community Stop Smoking Service
- Adult Weight Management Service (tier 2)
- Children and Family Weight Management Services (Healthy Choices)
- NHS Health Check Programme
- Warm and Well Single Point of Contact
- Primary care-based public health services
- An update specific to each of the localities in North Yorkshire (in Appendix 1)

Please note, this information is accurate at the time of last updating the briefing (16th November 2020). As you will appreciate, services are adjusting frequently to take into account changes to national guidance and local needs.

Please visit: https://www.northyorks.gov.uk/public-health-services-during-coronavirus-covid-19 for the most up to date information on public health services in North Yorkshire.

1. Service updates and current provision - General

0-19 Health Visiting and School Nursing Services - provided by Harrogate District NHS Foundation Trust

Update regarding the 5th November National Lockdown

The lockdown from 5th November will not affect the delivery of any current 0-19 services. Practitioners will continue to prioritise seeing families, children and young people in their own homes, or in school.

A Covid Risk Assessment will be carried out ahead of every home contact and virtual appointment.

If a family is Covid positive or symptomatic then all visits other than the Primary Visit will be deferred for 2 weeks.

In respect to community delivery for the 0-5 years all child health clinics, drop-ins and breastfeeding groups have ceased and this will continue to be the case. All ante natal and new birth contacts are now face to face. These contacts will include a Family Health Needs assessment that includes the Home Environment Assessment Tool. The Health Visitor will initiate Infant Feeding Support and any follow up support required will be provided by a skill mix team. In addition, all 6-8 week reviews are also now face to face.

In respect to community delivery for 5-19, all community contacts, drop-ins, and groups have ceased and this will continue to be the case. A duty phone rota is in place and WhatsApp service is being used as method of maintaining contact with families. The National Child Measurement Programme will re-start in early 2021.

All safeguarding contacts are face-to-face again, as are visits to families on the Vulnerability Pathways. Review Heath Assessments are undertaken on a virtual basis or a face to face contact where clinically indicated. Welfare calls are undertaken as required or at a minimum every 3 months, and the service continues to take part virtually in multi-agency and safeguarding processes.

All other contacts are being assessed and stratified for vulnerability or clinical need. There also continues to be a duty phone service and digital signposting is taking place through text, email and using social media. Duty contact details can be found here; https://www.northyorks.gov.uk/public-health-services-during-coronavirus-covid-19 and in the appendix below.

Please refer to the website for team contacts should you have a query relating to an individual child

https://www.hdft.nhs.uk/services/childrens-services/

North Yorkshire County Council Commissioning manager contact:

michael.rudd@northyorks.gov.uk or Victoria.ononeze@northyorks.gov.uk

Young People's Service - Compass REACH

In light of the current situation, Compass REACH will be offering virtual appointments to service users in the first instance, however, face-to-face appointments may still go ahead under certain exceptional circumstances and subject to being able to identify a suitably safe venue which can support social distancing.

Referrals are still being received and processed by the team. The Team also continue to be virtually engaged in local multi-agency and safeguarding meetings.

Please refer to the website to contact the service or make direct referrals.

https://www.compass-uk.org/services/north-yorkshire-compass-reach/

North Yorkshire County Council Commissioning manager contact:

michael.rudd@northyorks.gov.uk or Victoria.ononeze@northyorks.gov.uk

YorSexualHealth (YSH)

YSH continue to provide a high quality service and have undergone a phased return to the full range of provision. The service priorities remain the delivery of the central booking line, online and postal provision of sexually transmitted infection testing and treatment, free condoms and contraception. As restrictions have eased, YSH have been expanding their service provision accordingly. They have re-introduced face-to-face services in as safe a manner as possible.

North Yorkshire residents are, understandably, not able to be seen without first talking to the central booking team. To be able to arrange a discussion, and for confirmation of all support in place in clinics across the county, YSH can be contacted on 01904 721111 (9am - 3pm) Monday to Friday. If the issue is URGENT e.g. emergency contraception, HIV post-exposure treatment or new and significant symptoms, people are advised to let the booking team know. The 'contact us' option on the website can be used but there may be some delays in responding to non-urgent queries.

If someone is under 18 and/or are living in a situation where they are unable to safely call, they can text on 07980 973337. A reply will be received within 1 - 2 working days. Please note that this texting service is not for routine enquiries. If safety is at risk, please contact the police.

Clinics - YSH are currently operating clinics in York, Selby, Harrogate, Scarborough, Northallerton, Catterick, Skipton and Ripon - all other community clinics are suspended.

ALL patients, visitors and staff are required to wear a mask or face covering in all NHS buildings. If you do not have your own face covering YSH can provide a mask when attending pre-arranged appointments.

The YorSexualHealth website www.yorsexualhealth.org.uk/ has all the latest updates on service access and online provision available across North Yorkshire.

Virtual support remains in place for counselling and HIV support services until further notice.

Condoms are FREE to order online via the YorSexualHealth website: https://www.yorsexualhealth.org.uk/order-condoms/ The age restriction has been lifted and condoms can be posted to residents of any age in North Yorkshire.

All GP practices can be contacted to discuss any concerns about new or existing contraception methods.

Emergency contraception is a priority service; free provision is available remotely with local collection. The nearest participating <u>pharmacy</u> can be contacted directly or North Yorkshire residents can call YorSexualHealth 01904 721111 or GP.

North Yorkshire County Council Commissioning manager contact: Emma Davis emma.davis@northyorks.gov.uk or Dan Atkinson Dan.Atkinson@northyorks.gov.uk

North Yorkshire Horizons – Drug and Alcohol Service

Horizons has continued to operate a clinically critical service across all 5 hubs since March. Face to face appointments and drop in harm reduction interventions were available where appropriate and necessary. Other assessments, appointments and groups have been delivered by telephone and digital means.

The service reviewed their COVID-secure risk assessment arrangements across all 5 hubs in July, overseen by their lead provider, Humankind. They have continued to review and update these regularly since then. The service adaptations that are described below, implemented from July, remain in place and are subject to ongoing review in line with Government policy and guidance.

Face to face appointments were expanded on a strictly appointment only basis for those identified as having greatest clinical and/ or risk based need. Harm reduction drop in continued to be available. Psychosocial support was still available via telephone and / or digital means (where required). Horizons is reinforcing symptomatic, social distancing and test and trace messages and have updated their website accordingly, and they have issued social media posts.

Horizons prescribers have re-visited the treatment plan of every client receiving opiate substitute therapy (OST – e.g. methadone, buprenorphine) utilising a risk matrix system. They did the same at the start of lockdown. This has allowed Horizons to take a uniform approach to assessing risks for each individual client and to determine the level of prescribing, dispensing and where appropriate supervised consumption required for each client as restrictions ease. Service users seen in general practice (GP) settings have undergone a similar approach to this and have been re-assessed to review appropriate treatment plans. Changes to treatment plans have been discussed on an individual basis with every service user and communicated with their GP where relevant, and their pharmacy.

For more details, please contact their Single Point of Contact on 01723 330730 or visit their website: https://www.nyhorizons.org.uk/index.php/2020/07/01/were-extending-face-to-face-appointments/

A drug and alcohol treatment system business continuity plan was approved in April 2020 by North Yorkshire County Council, Horizons, the Local Medical Committee (YorLMC), Community Pharmacy North Yorkshire and North Yorkshire CCG. The plan was updated in July and is regularly reviewed to ensure that it reflects system pressures and meets needs.

Horizons will continue to work with partners across the system to meet needs as safely as possible – this includes but is not limited to children's safeguarding; Prisons and Probation; homeless hostels and associated co-ordination arrangements; GPs, community pharmacies and community safety hubs.

For up to date information please call the SPOC on 01723 330730 or visit http://www.nyhorizons.org.uk/ If you have need to speak with the clinical team or a prescriber, please telephone the SPOC and ask to speak with the clinical administrators (David Barber) or duty clinician.

North Yorkshire County Council Commissioning manager contact: Angela Hall angela.hall@northyorks.gov.uk or Dan Atkinson@northyorks.gov.uk

Living Well Smokefree (LWSF) Community Stop Smoking Service

Smoking has been recognised by the Chief Medical Officer and Health Secretary as a cause of increased risk for coronavirus, as smokers are at greater risk of:

- getting acute respiratory infections
- the infection lasting longer
- the infection being more serious than it would be for someone who does not smoke

The North Yorkshire Stop Smoking Service, Living Well Smokefree is still operational, providing a 12-week package of telephone support with a specialist advisor and facilitating access to stop smoking medications through local pharmacy and GP provision. To refer clients please call: 01609 797272.

North Yorkshire County Council Commissioning manager contact: Phillippa Sellstrom Phillippa.sellstrom@northyorks.gov.uk or Ruth Hine Ruth.Hine@northyorks.gov.uk

North Yorkshire Adult Weight Management Service (tier 2)

In line with national guidance, the Adult Weight Management Service had ceased face-toface delivery of any element of the service for clients currently accessing the service however the service is still open for business using a virtual offer and accepting referrals. Providers are working with all clients who need support to re-engage with the service again and managing new referrals onto their virtual programmes.

The remote offer will now be the default offer for the services as further service developments are made in the coming months.

All existing clients and new clients will receive a triage assessment and options of service offered will be discussed individually with each client.

For more information please contact the individual service providers via https://www.northyorks.gov.uk/healthy-weight-and-eating-well

North Yorkshire County Council Commissioning manager contact: Ruth Everson ruth.everson@northyorks.gov.uk or Jessica Marshall Jessica.marshall@northyorks.gov.uk

Healthy Choices - Children and Family Weight Management Service

The Healthy Choices (child weight management) service for North Yorkshire has now ceased operation and is no longer taking referrals. We apologise for any inconvenience caused.

The North Yorkshire County Council's Public Health Team is currently exploring alternative ways of supporting children, young people and families with healthy weight and healthy lifestyles, but in the meantime please direct families to the following sources of advice and support:

www.change4life.co.uk

https://www.sportengland.org/news/how-stay-active-while-youre-home

https://www.nhs.uk/live-well/healthy-weight/start-losing-weight/?tabname=you-and-your-weight

If you are a professional and would like to speak to someone about how we can support local families with healthy weight please contact Helen Ingle helen.ingle@northyorks.gov.uk or Dora Machaira gov.uk

Warm and Well single point of contact

The Warm and Well single point of contact (SPOC) provides support via the telephone and internet to help North Yorkshire residents who are living in or at risk of a cold home, fuel poverty or struggling to afford their energy bills. Referrals can be made either by professionals or by individual householders. This service will continue to operate and provide support to households.

For more information visit https://www.warmandwell.org.uk/ or phone 01609 767555.

North Yorkshire County Council Commissioning manager contact: Carly Walker <u>carly.walker@northyorks.gov.uk</u> or Ruth Hine <u>ruth.hine@northyorks.gov.uk</u>

2. Service Updates and Current Provision – Primary care

Pharmacies:

Emergency Hormonal Contraception (EHC)

Emergency contraception is a priority service; free provision is available in participating pharmacies or remotely with local collection. The nearest participating <u>pharmacy</u> can be contacted directly or North Yorkshire residents can call YorSexualHealth 01904 721111 or their GP. All pharmacies follow the FSRH and BASHH guidelines on remote access to EHC.

Supervised consumption

There may be clinically exceptional circumstances where a Horizons clinician deems it unsafe to issue a 7-day take home prescription for a client who requires opiate substitute therapy. In these exceptional circumstances, the Horizons prescriber will write prescriptions for supervised consumption, but more routinely for more regular collections of medication from Pharmacies – ranging from daily collection to multiple collections per week. A drug and alcohol treatment system business continuity plan sets out the agreed system approach and was approved by North Yorkshire County Council, Horizons, the Local Medical Committee (YorLMC), Community Pharmacy North Yorkshire and North Yorkshire CCG. If you have need to speak with the clinical team or a prescriber, please telephone the SPOC and ask to speak with the clinical administrators (Khadijah Khanum and/ or David Barber) or duty clinician.

Stop Smoking Services

Pharmacies across North Yorkshire are still providing a 12-week package of telephone support with a specialist advisor and facilitating access to stop smoking medications through local pharmacy and GP provision. To find out details of local pharmacies offering the service please contact the Living Well Smokefree service on: 01609 797272.

General practice:

Long Acting Reversible Contraception (LARC)

All GP practices can be contacted to discuss any concerns about new or existing contraception methods. Long Acting Reversible Contraception (LARC) has resumed in general practice where capacity has allowed throughout July, August and September.

North Yorkshire County Council Commissioning manager contact: Emma Davis emma.davis@northyorks.gov.uk or Dan Atkinson Dan.Atkinson@northyorks.gov.uk

Shared care

Practices continue to deliver general practice-based drug treatment with ongoing support from Horizons. Individual arrangements are in place with each practice regarding preemptive batching of prescriptions and most patients have been moved to 7-day take home

prescription arrangements. If practices need to discuss arrangements, please contact the Horizons SPOC - 01723 330 730 and ask to speak with Nicky Booth.

Stop Smoking Services

GP practices across North Yorkshire are still providing a 12-week package of telephone support with a specialist advisor and facilitating access to stop smoking medications through local pharmacy and GP provision. To find out details of local GP practices offering the service please contact the Living Well Smokefree service on: 01609 797272.

NHS Health Check Programme

National guidance instructing NHS trusts and community providers to cease delivery of NHS Health Check provision expired on the 31 July 2020, and following further guidance from PHE the delivery of NHS Health Check programme has now resumed across North Yorkshire. The physical clinical test aspect of the service remains as face to face, however alternative delivery methods for follow up may be more appropriate to take into account staff / patient safety, time and resource.

North Yorkshire County Council Commissioning manager contact: Natalie Smith natalie.smith@northyorks.gov.uk or Beth Downie beth.downie@northyorks.gov.uk

3. Further information

- Further details (locality-specific information) are provided below (appendix 1).
- North Yorkshire County Council would like to thank their partners for their continued support.
- For queries about the commissioning arrangements, partners can email <u>nypublichealth@northyorks.gov.uk</u> and one of the Public Health Team will respond as soon as possible.
- Please forward this information to partners and colleagues as appropriate.

Appendix 1 – locality information

1. Hambleton and Richmondshire

Sexual Health and Coronavirus (Covid-19)

- YorSexualHealth (YSH) are currently limiting all face-to-face services in order to reduce the risk of transmission of Coronavirus and to enable staff to be re-deployed elsewhere as required.
- There are <u>no</u> 'walk-in' clinics and appointments can only be booked through our Booking Line team on 01904 721111.
- YSH are increasing the availability of online, telephone and postal services to ensure that residents can still take care of their sexual health whilst following the current government guidance.
- The Sexual Health Centre in this locality is: Harewood Medical Practice, The Health Centre, 42 Richmond Road, Catterick Garrison, DL9 3JD.

Adult Weight Management (Tier 2):

- Take that step Hambleton Reduced service due to leisure centre closures but are maintaining contact with clients via phone, text, email and social media. They are uploading short exercise classes for clients onto the Hambleton District Council leisure centre and Take That Step Facebook pages.
- Choose to Lose Richmondshire As a new service all current clients are being contacted by advisors for support and motivation via telephone.

2. Craven

❖ Sexual Health and Coronavirus (Covid-19)

- YorSexualHealth (YSH) are currently limiting all face-to-face services in order to reduce the risk of transmission of Coronavirus and to enable staff to be re-deployed elsewhere as required.
- There are <u>no</u> 'walk-in' clinics and appointments can only be booked through our Booking Line team on 01904 721111.
- YSH are increasing the availability of online, telephone and postal services to ensure that residents can still take care of their sexual health whilst following the current government guidance.
- The Sexual Health Centre in this locality is: Community Sexual Health, Skipton Dyneley House, Newmarket Street, Skipton, BD23 2HZ.

Adult Weight Management (Tier 2):

• Healthy Lifestyles – Craven - Reduced service due to leisure centre closures but are maintaining contact with clients via phone, WhatsApp, email and social media.

3. Harrogate and Rural District

Sexual Health and Coronavirus (Covid-19)

- YorSexualHealth (YSH) are currently limiting all face-to-face services in order to reduce the risk of transmission of Coronavirus and to enable staff to be re-deployed elsewhere as required.
- There are <u>no</u> 'walk-in' clinics and appointments can only be booked through our Booking Line team on 01904 721111.
- YSH are increasing the availability of online, telephone and postal services to ensure that residents can still take care of their sexual health whilst following the current government guidance.
- The Sexual Health Centre in this locality is: Harrogate Sexual Health Centre, Heatherdene, Lancaster Park Road, Harrogate, HG2 7SX or Ripon Community Hospital, Firby Lane, Ripon, HG4 2PR.

Adult Weight Management (Tier 2):

Fit4Life – Harrogate - Exercise and nutrition is offered to all current clients via the
Fit4Life, Brimhams Gym, and Fairfax Community Centre Facebook pages. Clients
are also being contacted by telephone and email with live Q&A sessions. As close to
a full service as possible is being offered digitally with a maintained structure.

4. Scarborough and Ryedale

Sexual Health and Coronavirus (Covid-19)

- YorSexualHealth (YSH) are currently limiting all face-to-face services in order to reduce the risk of transmission of Coronavirus and to enable staff to be re-deployed elsewhere as required.
- There are <u>no</u> 'walk-in' clinics and appointments can only be booked through our Booking Line team on 01904 721111.
- YSH are increasing the availability of online, telephone and postal services to ensure that residents can still take care of their sexual health whilst following the current government guidance.
- The Sexual Health Centre in this locality is: Scarborough Sexual Health Centre, The Mulberry Unit, Scarborough, YO12 7AF.

❖ Adult Weight Management (Tier 2):

 NHS Humber Trust - All clients have been contacted and contact will be maintained monthly at the request of clients. There is a reduced working capacity due to redeployment within the organisation. Remote phone call and SMS service will be maintained.

5. Selby

❖ Sexual Health and Coronavirus (Covid-19)

- YorSexualHealth (YSH) are currently limiting all face-to-face services in order to reduce the risk of transmission of Coronavirus and to enable staff to be re-deployed elsewhere as required.
- There are <u>no</u> 'walk-in' clinics and appointments can only be booked through our Booking Line team on 01904 721111.
- YSH are increasing the availability of online, telephone and postal services to ensure that residents can still take care of their sexual health whilst following the current government guidance.
- The Sexual Health Centre in this locality is: Selby Sexual Health Centre, New Selby War Memorial Hospital, Doncaster Road, Selby, YO8 9BX

❖ Adult Weight Management (Tier 2):

 Move It, Lose It – Selby - Reduced service due to leisure centre closures and staff levels. Contact is being maintained with clients via telephone alongside Slimming World support.

Health Visiting and School Nursing Services - provided by Harrogate District NHS Foundation Trust

Support and advice will be provided through the Single Point Of Contact (SPOC)

Area	Phone	Website
All of North Yorkshire	01609 780780	NYCC - Coronavirus Info

Duty Health Visitors can be contacted on;

<u>0-5 Teams</u>		
Area	Phone	Facebook
Scarborough Town	01609 536622	
Scarborough South	01423 542979	
Whitby	01423 557650	
Northallerton	01423 542464	<u>Health Visitors - Hambleton</u>
Stokesley	01426 542211	<u>Health Visitors - Hambleton</u>
Easingwold	01423 542995	<u>Health Visitors - Hambleton</u>

Thirsk	01609 534075	<u>Health Visitors - Hambleton</u>
Ryedale	01423 542482	
Catterick	01423 544270	
Richmond	01423 542250	
Craven	01423 544265	<u>Health Visitors - Craven</u>
Harrogate	01423 555316	
Knaresborough	01423 557794	
Ripon	01765 645932	
Selby	01423 542275	
Tadcaster & Sherburn	01423 544220	

Duty School Nurse on;

Area – School Nurses	Phone	Facebook
Scarborough Town	01423 542982	Growing Healthy 0-19 - Scarborough
Scarborough South	01423 544278	Growing Healthy 0-19 - Scarborough
Whitby	01423 557654	
Northallerton	01423 542287	Growing Healthy 0-19 - Hambleton
Ryedale	01609 798585	Growing Healthy 0-19 - Ryedale
Richmond	01609 534298	Growing Healthy 0-19 - Richmond
Craven	01423 553432	Growing Healthy 0-19 - Harrogate, ripon and craven
Harrogate	01423 553432	Growing Healthy 0-19 - Harrogate, ripon and craven
Ripon	01423 553432	Growing Healthy 0-19 - Harrogate, ripon and craven
Selby, Tadcaster & Sherburn	01423 542283	Growing Healthy 0-19 - Selby

Health Visitors and School Nurses will contact families by telephone when they are next due a visit.